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CHECKLIST

Dose rate measurement checklist

- [ ] Switch on the detector and allow the warm-up period
- [ ] Hold the instrument at waist height, away from your body
- [ ] Wait for the reading to settle over the averaging period
- [ ] Record dose rate, location and distance from any source
- [ ] Repeat the measurement at different distances to verify response
- [ ] Compare your reading to typical background levels
- [ ] Note any field that exceeds background by more than a factor of two
- [ ] Check the detector displays microsieverts per hour or convert the unit